

## Take a Hike (in Tucson)

**Purpose of Activity:** To inform residents about different hiking trails around town to promote communion with the natural world.

### Materials Needed:

- Tips provided
- Fabric backing (butcher paper if needed)
- Decorations

### Content:

1. Tumamoc
  - a. Fantastic hike up hill leading to spectacular city views.
  - b. Distance: 3.1 miles round trip
  - c. Hike time: 2 hours
  - d. Difficulty: Easy
  - e. Trailhead: Head West on Speedway to Silverbell. Turn south (left) on Silverbell and drive 0.2 miles to West Anklam Rd. Turn west (right) on West Anklam and the trailhead is on your left. Park in or near the St. Mary's Hospital parking lot as there is no parking at the trailhead.
2. 7 Falls
  - a. Incredible Sonoran desert experience ending in a spectacular 7 tier water fall.
  - b. Distance: 8.2 miles round trip
  - c. Hike time: 4 hours
  - d. Difficulty: Moderate
  - e. Directions: Take I-10 toward Phoenix until the Ina Road exit. Turn east onto Ina Road and follow it as it becomes Skyline Drive and then Sunset Drive. When you reach the end of Sunset Drive and a stop sign, turn left. The Sabino Canyon Visitors Center and parking lot are immediately on your right.
3. Romero Pools
  - a. Settled among gorgeous mountain views, at the right time of year you can go swimming in the pools and see natural water falls.
  - b. Distance: 5.5 miles round trip
  - c. Hike time: 3 hours
  - d. Difficulty: moderate
  - e. Directions: If you were headed North on Oracle rd. (HWY 77) a couple miles past 1st. but before you get to Tangerine Rd. make a right into Catalina State Park. You should see a sign for the park. Head east until you come to the Ranger Station, there is a \$6.00 daily



fee. Continue east until you see the parking lot, and few feet south of the parking lot is the trailhead.

#### 4. Sabino Canyon

- a. One of the most visited outdoor sites in Tucson, you can enjoy hikes of varying difficulty, buy gifts at the visitors center, and if you get too tired, take a tram to view local wildlife.
- b. Distance: 8 miles round trip
- c. Hike time: 3.5 hours
- d. Difficulty: Easy
- e. Directions: take Oracle Road North to Ina Road, turn right (East) stay on Ina which will dead-end at Sabino Canyon Rd. Turn left and the entrance to the Sabino Canyon Recreation Area will be on your right.