

If Everybody's Doing It...

Purpose of Activity: To inform residents about the Eco Power software and discuss the impact of various energy consumption habits

Materials Needed:

- Tips provided
- Fabric backing (butcher paper if needed)
- Decorations

Content:

1. Check out your “carbon paw print” with the interactive Eco Power software found here
 - a. www.life.arizona.edu/ecopower
2. If everyone who lived in the halls used energy in the following ways, this would be the impact over the course of the school year:
 - a. Hair Dryers: blow dry hair for 15 minutes a day
 - i. Equivalent to annual greenhouse gas emissions from 174 cars
 - ii. Would need to grow 21,424 tree seedlings for 10 years to sequester the carbon
 - b. Desk Lamps: turn on desk lamp for 3 hours a day.
 - i. Using LED lights in your lamp can make a huge difference
 - ii. Incandescent vs. LED
 1. Incandescent
 - a. Annual greenhouse gas emissions from 67 cars
 - b. Would need to grow 8,206 tree seedlings for 10 years to sequester the carbon
 2. LED
 - a. Annual greenhouse gas emissions from only 13 cars
 - b. Would need to grow only 1,641 tree seedlings for 10 years to sequester the carbon
 - c. Natural light: use natural light and cut two hours of overhead light use per day
 - i. Savings from switching from 8 hours a day to 6 hours a day of overhead light use
 1. Annual greenhouse gas emissions from 83 cars
 2. Do not need 10,212 tree seedlings to grow for 10 years
 - d. Energy Star: use Energy Star rated TVs
 - i. Savings from using an Energy Star rated TV (vs. standard) for 3 hours a day
 1. Annual greenhouse gas emissions from 27 cars
 2. Do not need 3,419 tree seedlings to grow for 10 years