

FAST FACTS



10+
People



60-120
Minutes



\$0



High Risk
Level

Cross the Line

Purpose of Activity: The purpose of this activity is for students to reflect upon their own self-identities while acknowledging the identities of others.

Objectives/Learning Outcomes:

By actively participating in this activity, participants will:

- Understand the experiences and connect to fellow participants
- Practice self-reflection of their own identities
- Recognize the importance of listening to subordinate groups in an effort to work towards social justice

Materials Needed:

- Tape or String (Used to create lines)
- Room big enough to move across
- List of Conditions for Crossing

Ground Rules:

- Be fully present and participate at your own comfort level – challenge by choice.
 - Follow up - What does it mean to be “fully present”?
 - Follow up - What does “challenge by choice” mean?
- Push yourself outside of your comfort zone – the most learning happens when we are a little bit uncomfortable.
- Listen respectfully, share air time, and encourage others to participate.
- It’s ok for us all to be at different places with the things we discuss today.
- Show respect for one another’s beliefs, values, and experiences.
- Respect and maintain privacy.

Disclaimer:

- This is a challenge by choice. Some students may not be comfortable crossing the line and that is just fine.

Facilitation Guide:

- Gather participants to stand just behind one side of the line.
- The facilitator will read a statement. If the statement applies, the participant will cross the line and stand behind the line across the room.
- Participants should look across the span of room and make a connection with someone.
- The facilitator will allow those who crossed to share such as,
 - Things they want the dominant group to know about the experience of being part of the subordinated group

FAST FACTS



10+
People



60-120
Minutes



\$0



High Risk
Level

- How someone from the dominant group may have impacted them or someone else in their group in the past
- What they never want to hear again from the dominant group
- How someone from the dominant group can be an ally
- Participants will cross back
- The next statement is read. This will continue until all the statements are read.

Discussion Questions:

- What kind of feelings did you go through while participating?
- What are some things shared that impacted you?
- How does this help you to be an ally?
- How did it feel when there were only a few of you on one side?
- How did movements of others affect you?
- Did you ever feel yourself making judgments of others?
- Is there something you wished you shared but didn't?
- Why would we do this activity? How does this relate to creating inclusive communities?
- What can you do to create inclusive communities?