

FAST FACTS



7+
People



60
Minutes



\$0



Low
Risk

Earth Hour Simulation

Purpose of Activity: To raise awareness about electricity conservation.

Objectives/Learning Outcomes:

By actively participating in this activity, participants will:

- Enjoy some time outdoors.
- Understand the importance of electricity conservation.

Materials Needed:

- Ball (football, soccer ball, volley or kick), Frisbee, Games, and telescopes (if desired).

Facilitation Guide:

Have residents turn off all electrical appliances in their rooms. Preferably, they should unplug anything they can. Go outside for an hour, playing games that do not require the use of any electricity.

Discussion

- Why are we out here tonight?
- Why did we bother to unplug our items (because they still use electricity, even when turned off)?
- Why is conserving electricity important?
- What habits can you commit to that will reduce your energy use?

Helpful Hints:

- Some possible games include tag; Red Rover; Mafia; Assassin; Frisbee; Ultimate Frisbee; Dodgeball; Duck, Duck, Goose; Kickball; Hopscotch; Soccer; Football; Stargazing; etc.