

FAST FACTS



5+
People



30-45
Minutes



\$0



Med Risk
Level

Really? You...

(Adapted from University of Northern Colorado)

Purpose of Activity: The purpose of this program is to get students to learn about stereotypes and how they are harmful.

Objectives/Learning Outcomes:

By actively participating in this activity, participants will:

- Understand their prejudices and biases.
- Understand what they can do to change their behavior.
- Recognize stereotypes they place on others.

Materials Needed:

- Half or Quarter sheets of Paper with descriptors typed on them (Or a place where it can be written around the room.)

Ground Rules:

- Be fully present and participate at your own comfort level – challenge by choice.
 - Follow up - What does it mean to be “fully present”?
 - Follow up - What does “challenge by choice” mean?
- Push yourself outside of your comfort zone – the most learning happens when we are a little bit uncomfortable.
- Listen respectfully, share air time, and encourage others to participate.
- It’s ok for us all to be at different places with the things we discuss today.
- Show respect for one another’s beliefs, values, and experiences.
- Respect and maintain privacy.

Disclaimer:

- This program, like many Social Justice programs, can elicit a lot of emotion. Be prepared to deal with that emotion through facilitation and discussion.

Facilitation Guide:

- Start with the instructions that each person is going to pick their ideal roommate.
- Post the first section of descriptors and have each person stand under the roommate they choose.
- Ask the first discussion questions with students together in a group.
- Post the next qualities under the previous. Have the participants pick a roommate.
- Do the second discussion.
- Continue until all the sections and discussions happen.



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	Person A	Person B	Person C	Person D	Person E	Person F
Round 1	Straight-A Student	Marching Band Member	Member of Greek Life	Transfer Student	Engineering Major	Sustainability Intern
Round 2	Gay	1 st Generation College Student	Asian American	30 Years Old	Wheelchair User	Wiccan
Round 3	Surfer	Student Body President	Student Athlete	Wealthy	Author	University President's Child
Round 4	Christian	African American	Low Socio-Economic Status	German	Jewish	Veteran
Round 5	Smoker	Recovering Alcoholic	Academic Probation	BiPolar Disorder	Tattooed	Chef

The letters correspond to each roommate. So in the end if someone wants Person A as a roommate, they are choosing the Straight-A Student who is gay, a surfer, Christian and a smoker.

Discussion Questions:

First Discussion

- Why did you choose your roommate?
- What quality excited you the most? The least?

Second Discussion

- Did you think that person would have the quality listed? Why?
- Why did you move or stay the same?

Third Discussion

- Why did you move or stay the same?
- Was there a quality that you absolutely don't think you could live with? Why?

Fourth Discussion

- Did your roommate get better or worse? Why?
- Are there qualities that seem easier to live with than others?



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Fifth Discussion

- What are your feelings with your final roommate?
- Could you live with this person in reality? Why or Why not?
- Which decision did you struggle with the most?
- How does this activity reflect reality?
- Why would we do this activity? How does this relate to you and others' experience in the halls?
- Why is it important to get to know others with whom we are living, working, and studying?
- Is it important to get to know diverse groups? Why or why not?