Find what works for YOU
- If you need to, mix 'n match styles from the following guide.
- Find the right tools - experiment with notebooks, digital apps, and routines.
- Color coding can help you stay organized. Play with color!

Use your resources
- Think Tank, thinktank.arizona.edu
- Disability Resource Center, drc.arizona.edu
- Courses in Common, bit.ly/commoncourses
- SALT Center, salt.arizona.edu
- Study groups
- Chegg

USING YOUR NOTES:

Schedule 15 minutes a day to:
- Read your notes
- Reorganize/clarify information
- Highlight questions you have or concepts for further review
- Make a plan to study or meet with your professor
Ways to Take Notes

Boxing Method

Pros:
- Visually chunks concepts together, which can help with forming associations
- Can represent unique associations between particular concepts across boxes

Cons:
- Can take up space or feel inflexible
WAYS TO TAKE NOTES

BOXING METHOD TEMPLATE